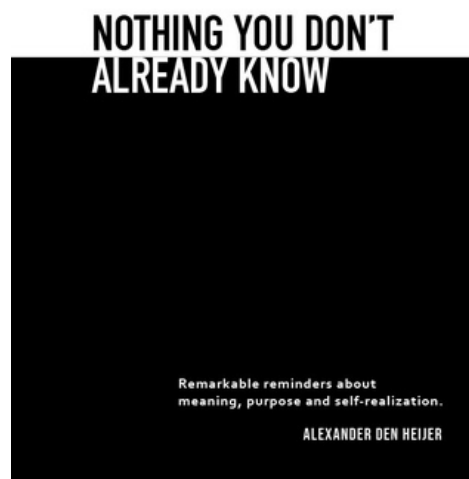


Buch abrufen Nothing you don't already know

By Alexander Den Heijer



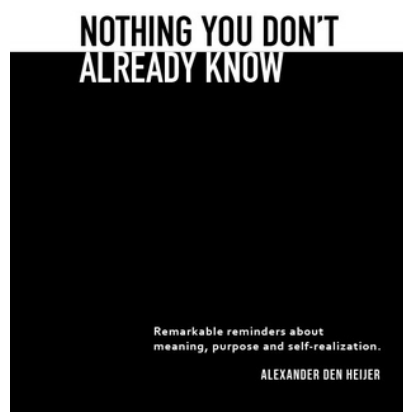
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Books Descriptions

Nothing you don't already know is a brief guide to making the most of your life. It's for everyone who wants to take on the journey of fulfilling their potential and live a deeply meaningful life. In 2015, the author started sharing his writings about life on his Instagram page. This book holds a selection of his most popular quotes and writings that have already positively impacted thousands of people. Alexander is a Dutch inspirational speaker whose teachings are about living with purpose, overcoming fear, transformation, and making a difference. This concise handbook is full of remarkable reminders about meaning, purpose, and self-realization. The title refers to the idea that if you learn something profound, it's not as if you have learned something new. Rather, it's as if something is being unveiled to you that you have always known.

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